



December 2009

Dear Parent

Adolescent Lifestyles in Contemporary Europe (the ALICE Study)

We are writing to ask permission for your child to take part in the ALICE study. This study is part of a large European project, taking place in six countries (Scotland, Iceland, Italy, Poland, The Netherlands and Germany), comparing young people's lifestyles and health behaviours in the different countries.

The project is funded by the EU and has been approved by Glasgow University, all relevant local authority education departments and, most importantly, by [head teacher name] the head-teacher of [school name]. Altogether, around 14,000 pupils are being asked to take part, around 2,500 from Scotland.

The ALICE study involves completing a simple anonymous questionnaire during one lesson period in 2010 and one lesson period in 2011. The questionnaire asks pupils about TV and film watching, smoking and drinking and a few details about themselves. All information provided will be anonymised. We will not be keeping any personal identifying research data on any pupils.

We hope you will support this important international research, but if for any reason you do not wish your child to take part, please return the enclosed form to the school.

If you want more information, please get in touch with Professor Kate Hunt or Dr Helen Sweeting (the lead researchers on the Scottish arm of ALICE) on 0141 357 3949. If you have any concerns or other comments about the study, please contact our Survey Manager, Catherine Ferrell, on FREEPHONE 0800 389 2129.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Kathy J Hunt'.

Professor Kate Hunt

A handwritten signature in black ink, appearing to read 'Helen Sweeting'.

Dr Helen Sweeting



PARENTAL CONSENT FORM

Only fill out this form if you **DO NOT** wish your son/daughter to take part in the **Adolescent Lifestyles In Contemporary Europe** ('ALICE') study.

If you do not complete and return this form, this will be taken to mean that you allow your son/daughter to take part.

PLEASE USE BLOCK CAPITALS

I

Insert your name

Being the

Insert relationship to pupil (e.g. mother, father, guardian)

Of

Full name of child

DO NOT WISH MY CHILD TO TAKE PART IN THE ALICE STUDY, AS DESCRIBED IN THE LETTER WHICH I HAVE READ.

Signature

Date